

Keeping the Community Natural by Alexandra Durant, ELM Committee Member



Food, water, cover, insects, and prey. These are the elements necessary for a healthy wildlife habitat. Encouraging understory shrubs and trees provides the cover, food and insects elements. Vernal ponds (water collection sites that spring up during snowmelt and heavy rains, then dissipate), lakes, rivers, rain gardens, and even backyard bird baths provide the water and many of the insects. But by converting lawns and creating small openings in your landscape, diversity of trees and wildlife becomes enhanced because they provide opportunities for native hard mast (cherry, beech birch, dogwood, rhododendron, viburnum, hawthorne, serviceberry) to flourish.

It may seem counterintuitive, but naturalists would encourage the retention of downed logs, woody debris, and older trees with cavities which encourages cover and insects that other wildlife eat. Controlling and eliminating invasive trees and plants (e.g., Tree-of-heaven, Mimosa, Japanese Barberry, Japanese Stilt grass, Multiflora Rose, Butterfly Bush) and replacing them with natives would go a long way to establishing a pollinator, insect, bird and animal haven. Without insects baby birds do not survive. Insects do not utilize invasives. Native plants, shrubs and trees are crucial. As for larger wildlife, for natural deer control, we need coyotes and fishers. Black Bears need fruits, nuts, insects, honey, and plants. Not sure who is populating your neck of the woods? For fun and education, set up a game camera and bird feeder, then watch the show.

ARC Question of the Month! When is a tree cutting permit required?

A tree cutting permit is required for any tree or shrub over 3" in diameter at its base. Prior to cutting down the tree, the owner must apply for and receive a no fee permit issued by the ARC Coordinator. Trimming of an existing tree or shrub requires no permit! Trees or shrubs being cut will be marked with a ribbon and the ARC Coordinator will take pictures prior to removal unless waived.

October Events

10/2/2021	Fall Roadside Cleanup Day	11:00am	Admin Office
10/9/2021	CPR Training Course	10:00am	Clubhouse
10/16/2021	Crafternoon	12:00pm	Library
10/16/2021	Barks & Brews Octoberfest	3:00pm-7:00pm	All Purpose Field
10/30/2021	Trunk or Treat	2:00pm	Clubhouse



October 2021

LAKE LEDGER

Breast Cancer Awareness Month!

October is breast cancer awareness month and for many people an important month for reflection and hope. According to the National Breast Cancer Foundation, one in eight women will be diagnosed with breast cancer in her lifetime and getting diagnosed early is crucial. There is hope, the National Cancer reports 90 percent of women with breast cancer survive five years after diagnosis. To give more hope, the death rates for breast cancer have dropped 40 percent from 1989 to 2016 and continues to drop.

Breast Cancer Awareness month began in 1985 and First Lady Betty Ford, being a survivor herself, kicked off a week long event that since has grown into a worldwide month of dedication. The goal of the month is to educate women on breast cancer and encourage early detecting of breast cancer. The iconic pink ribbon is another part of the month. The merging of ribbons and symbolism began in 1979 when the wife of a hostage in Iran tied yellow ribbons to trees in her yard, hoping to see her husband come home.

In 1991 pink ribbons were sent to breast cancer survivors, along with participants of the Susan G. Komen New York Race for the Cure and a year later editor-in-chief of Self magazine, Alexandra Penney, took it step farther. She created a pink ribbon and had cosmetic companies distribute them throughout New York City, making the pink ribbon iconic!

If you wish to show support you can donate, learn more or share your story at the nationalbreastcancer.org website. You can also wear pink and don the iconic pink ribbon pinned worldwide by supporters of Breast Cancer Awareness month!

Kayak Removal Reminder

Kayaks must be removed from assigned rack space by October 15th

Pickleball at the Clubhouse
Tuesday, Friday & Sunday 10am

Important Contact

Information

Emergency (fire/ambulance/police) 911

E-Mail: admin@bblca.com

Administration Office 570-842-6388

Main Gate (24hrs) 570-842-0991

Larsen Gate 570-842-0992

Weekly Events

Admin Office

- Stretch & Walk Exercise by Video 9am Monday & Thursday
- Cards/Mahjong/Canasta 1pm Monday & Thursday
(Looking for new players! Contact Admin for details)
- BBL Art Workshop 1pm Wednesday
- Line Dancing 10am Monday & Wednesday

Facility Hours of Operation

Rec Center/Indoor Pool, Fall/Winter Hours:

Wednesday 6pm-8pm, Friday 5pm-8pm, Saturday 11am-6:45pm, Sunday 11am-4:45pm

NEPA Fall Events & Festivals!

♦ Jim Thorpe Fall Foliage Festival

Enjoy the autumn splendor of Jim Thorpe with the Fall Foliage Festival Weekends! Enjoy family friendly ghost tours, train rides, live music, and food from October 9th to the 24th in downtown Jim Thorpe!

♦ The Great Pocono Pumpkin Festival

Open daily! Family friendly games, food and live music! Now to October 24, 2021 from Monday - Saturday 9am to 6pm, Sunday 9am to 5pm in Lehigh Township.

♦ Circle Drive-In Flea Fair

Open all through the month of October at Circle Drive-In in Dickson City. Shop for fresh produce, antiques, handmade items and many more! Every Sunday from 6am to 2pm.

Local Library to Visit!

Stop by the North Pocono Public Library to take a minute and relax with a good book!

Located 1315 Church St., Moscow, PA 18444

Open Monday—Thursday 10am - 6pm and Friday - Saturday 10am - 5pm, Closed Sunday

Give them a call at: 570-842-4700

What October is all about!



LGBT History Month! In 1994, Missouri High School teacher Rodney Wilson believed a month should be celebrated for LGBT history. The month focuses on the achievements of those in the LGBT community throughout history. Take some time out of the day to learn about this community and the history of their civil rights achievements!

German-American Heritage Month! Since 1683, families from Germany began settling in Pennsylvania and since has integrated their culture into our nation, such as doppelganger translating to “double walker.” Enjoy this month to take a look into your family heritage if you’re German!



October Meetings

MEETING	DATE	TIME	LOCATION
Maintenance Committee Meeting	October 2nd	9:00am	Admin Building
Fiscal Committee Meeting	October 9th	9:00am	Admin Building
Safety Committee Meeting	October 9th	9:00am	Clubhouse
ELM Committee Meeting	October 9th	10:00am	Admin Building Outdoor Fire Pit
Recreation Committee Meeting	October 9th	12:00pm	Admin Building
Board of Directors Meeting	October 16th	8:30am	Clubhouse

Annual Big Bass Lake Food Drive

BBLCA is looking for food donations that benefit the NEPA community!



Please drop off donations during Admin Building hours, canned goods and non-perishable items are highly appreciated! Deadline for drop-offs is November 18th.

Hygiene for the Homeless

BBLCA will be collecting travel sized toiletries and helpful small items for the homeless.



A donation box is located at the Admin Building and collection will last until November 16th. Volunteer are welcome to put collected items together on the 16th at 11am.

Watch the Birdie by Alexandra Durant



As I’ve noted before, I **love** yellow-colored birds—almost as much as I love Cardinals and Blue Jays. A beautiful example in our region during spring and summer is the Eastern Meadowlark. Despite the “lark” in its name, it is not a part of the lark family. Rather, it is in the blackbird group and is related to grackles and orioles. A robin-shaped bird, the meadowlark has a yellow breast and belly, brown back, white markings and outer tail feathers, and boasts a black V-shaped necklace. This

bird loves open grassy areas and sings a tune similar to European larks, hence its name. The song is a flute-like whistle, sweet and clear. Amazingly, males have been recorded singing over 100 different song patterns. Meadowlarks love to sit atop a fence post or utility line and sing, then shyly dive into tall grass to avoid disturbance and maybe catch a quick meal. When they do, the white tail feathers flash conspicuously. Male and female birds are alike.

You may observe a meadowlark at your feeder looking for a snack but they primarily eat insects (crickets, grasshoppers, caterpillars, grubs) and they have long, sharp bills to help with that. For dessert, they enjoy wild fruits. Eastern Meadowlarks nest on the ground in grassy areas. A skilled architect, the female builds the nest by herself in a convenient, small depression that is hidden by vegetation. Taking up to eight days, she builds a cup nest of neatly plaiting grasses, stems and strips of bark which many times includes a roof and tunnel entrance. Clutch size is 2-7 eggs, maybe two clutches per season. I’ve yet to see a meadowlark, but I have heard its song. Maybe next year? In Spirit Lore, Meadowlark symbolizes the self-discoveries realized through inward journeys, meditation, and intuitive awareness.